



Referral For Exercise Physiology, DVA & Work Cover

Patient Details

Name: _____ D.O.B. _____

Referred Condition: _____

Other Medical History: _____

Medications: _____

Diagnosis Tests

Recent blood tests: _____ Date: _____ Results attached

Recent exercise stress tests: _____ Date: _____ Results attached

Other: _____ Results attached

Referral Considerations: _____

Referrer details

Name: _____ Phone: _____

Patient Referral Type

- EPC
- DVA
- Workers Compensation
- Private Health Fund
- Type 2 Diabetes - Group Services



What to bring?

- Referral form or Enhanced Primary Care Plan completed by your General Practitioner
- List of your current medications and dosages
- Relevant blood test and/or scans results
- Comfortable clothing (eg. track pants, shorts) and walking/exercise shoes
The assessment will involve light to moderate walking or cycling exercise
We have showers and change rooms if you need to freshen up after your appointment
- Avoid eating a large meal or drinking coffee 2 hours prior to your appointment, where possible

**Medicare,
DVA and
private health rebates
available
for eligible
patients**

**The Exercise Clinic
Suite 2, 375 Pacific Hwy
Crows Nest NSW 2065**



Referral



The Exercise Clinic

Medically Supervised Exercise
& Rehabilitation

The Exercise Clinic provides exercise physiology and movement rehabilitation in the management and prevention of chronic and complex conditions

Our Exercise Physiologists are experienced and passionate about patient health and putting the latest research to work

Not a gym - but an evidence based approach to using exercise in a safe clinical setting

In our unique modern facility we successfully treat patients of all ages - our members range from 9 to 92 years of age

Medicare, DVA, Healthfunds, MVA & Workers Compensation



Established in 2007



John Felton



Alex Smith



Emily Smith



Pete McGrath



Mark Libertoe



Eliza Giugni



Nick Saunders



John Phipps



Emilie Field



Kath Brannan



Jackie Nichols



Robyn Felton